

St. Paul the Apostle Parish



Lincoln Park

Fr. Leonard F. Villa, Pastor

Fr. Michael J. Morrow

Deacon Rudolph Teng

Deacon Thomas Barbagallo

Masses

Saturday 9:00 AM Sunday Vigil 5:00 PM
Sunday 7:45 AM, 9:15 AM, 10:45 AM, 12:15 PM
Latin Mass 1:30 PM, first three Sundays
2:30 PM fourth Sunday of the Month.
Weekdays 9:00 AM
Holy Days 9:00 AM, 7:30 PM

Rectory 602 McLean Ave., Yonkers, NY 10705
Tel: 914-963-7330
Fax: 914-963-1952

Religious Education Office

Jackie Barton - Coordinator of Religious
Education
602 McLean Ave., Yonkers, NY 10705
Tel: 914-965-9333

Sacrament of Baptism

Sundays at 2:45pm except the 4th Sunday of
each month by appointment

Sacrament of Reconciliation

Saturday 4:00-4:45 PM. Anytime requested.

Sacrament of Marriage

Six months advance notice is mandatory.
Marriage preparation course required.
Call rectory for appointment.

Sacrament of the Sick

Call the rectory for attention to home-bound

Parish Registration

Contact the rectory

Parish

Website: www.stpaulyonkers.org
E-mail: stpaulyonkers@gmail.com

Parish Meetings

Monday	6:45 PM St. Paul's Folk Dance
Tuesday	7:30 Legion of Mary
Tuesday	8:00 PM Prayer Group
2nd Tuesday	8:00 PM Men's Group
Wednesday	7:00 PM A.A. Open Meeting
Thursday	7:00 PM A.A. Open Meeting
Thursday	7:00 PM Al-Anon
Friday	9:30-10:30 Adoration
Friday	7:30 PM Boy Scouts
Saturday	9:30 AM Religious Educ. PreK-8
Sunday	7:00 PM A.A. Beginners Meeting

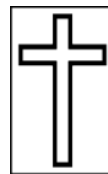
Pregnancy Hot Line

Tel: 800-640-0767



EIGHTEENTH SUNDAY IN ORDINARY TIME

AUGUST 2, 2026



MASS Intentions

Saturday Aug. 1, 2026

5:00 Dawn Wood (Birthday memorial)

Sunday Aug. 2, 2026

7:45 Joann Mary Barthel & Mary Barthel

9:15 D'Alessandro Family

10:45 Nuhad Hattar-Romano Nelson Hocker

12:15 For the People of the Parish

1:30 Guzman Castillo (Bday mem) Corinda Ferraro

Monday Aug. 3, 2026

9:00 Margaret Keane (living) Religious Ed

Tuesday Aug. 4, 2026

9:00 Sr. Eileen Treanor St. Paul's Parish

Wednesday Aug. 5, 2026

9:00 Madge & Cornelius Murphy Cregin family

Thursday Aug. 6, 2026

9:00 Margaret Coffey Kathleen Cloherty

Friday Aug. 7, 2026

9:00 John Murray Family

Saturday Aug. 8, 2026

9:00 Arlene & Leslie Chan Wai Hong

5:00 Sr. Eileen Treanor St. Paul's Prayer Group

Sunday Aug. 9, 2026

7:45 Joann Mary Barthel & Mary Barthel

9:15 Tim Robinson Pat

10:45 Dan Curtin Desmond Douglas

12:15 Helen Brady Frank Brady

1:30 For the People of the Parish



*Our Sanctuary Lamp will burn this week
in loving memory of Joann Mary Barthel
and Mary Barthel as requested by
Nelson Hocker*



Richard Lyons, Grace Lyons, Joseph Molack,
Victor Fierro, Timothy O'Connor, Valentina Rakaj,
Pete Coppa, Rosemary Libre, Kathleen Kerrigan,
Carol Saxe, Maria Toppi, Camielle Moynihan, Eileen
Coughlin, Carol O'Neill, Jane Curtin, Rose Rampa,
Willi Dunz, Noemi Asuncion Bernardez, DeGiovanni
Family, Carol Santini, Victor Fierro, Aidan Curtin,
Sallyann Ricci, Briana Aquino, and Ed Catis.



Please remember in prayer all those who died
this week especially, Harry A. Winterroth,
Peter Yucor, Nicholas Moreschi, Denyse
Guariglia, Tomasina Caruso, and those who
mourn them.

LECTORS:

Aug. 1st 5:00 D. Douglas

Aug. 2nd 7:45 S. Abraham 9:15 J. Barton
10:45 K. Snyder 12:15 E. Slattery

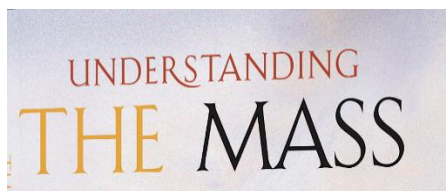
We are thankful for your consistent stewardship.

STEWARDSHIP: Week of July 26, 2026

1 st Collection	\$2,981
2 nd Collection	\$1,410
Shrines	\$150
On line Giving	\$1,700
Total	\$6,241

Thank you for your continued support of our Parish and its many needs. Your financial generosity for the upkeep of our Parish buildings and programs is essential and greatly appreciated. To sign up for WeShare go to stpaulyonkers.org and click "Online Giving". Thank you for your generosity!

Do You Know Why?



Why does the priest put a drop of water into the wine in the chalice during Mass?

The mixing of the water and wine in the chalice before its consecration is required. While failure to add the water is illicit, it does not affect the validity of the sacrament. What makes this act significant is what it represents: the water is Christ's humanity and the wine his divinity. The mingling of the water and wine in the chalice symbolizes the Incarnation of Christ. It also recalls Christ's Passion when the soldiers pierced his side with a spear and out flowed blood and water (John 19:34), thus signifying baptism and Eucharist.

Why does the priest wash his fingers during Mass?

The priest washes his fingers at two key moments during Mass to symbolize **spiritual purification**. First, during the Preparation of the Gifts, he prays for inner cleansing. Later, after Communion, he washes them to ensure no microscopic particles of the Eucharist remain on his hands.

The Two Washings Explained 1. The Offertory (Lavabo)

Before the Eucharistic Prayer, the priest pours water over his fingers at the side of the altar. This ancient ritual (dating back to the 4th century) originally had a practical purpose, as early Christians brought raw agricultural offerings like livestock and grain, leaving the priest's hands physically dirty. Today, it is purely symbolic. As he washes, he quietly recites: *"Wash me, O Lord, from my iniquity and cleanse me from my sin."*

2. The Purification (Ablution)

After Holy Communion, the priest washes his thumb and index fingers again—the specific fingers used to hold the consecrated Host. According to Catholic doctrine, Christ is fully present in even the smallest, microscopic fragment of the Eucharist. This washing ensures that every particle is reverently consumed and not lost. (END)

Why do we strike our chests three times during the "I Confess?"

Striking our chests during the "I Confess" (*Confiteor*) is an ancient physical gesture that shows deep sorrow, humility, and personal responsibility for sin. We do this three times while saying the words "through my fault, through my fault, through my most grievous fault". Meaning of the gesture: taking Blame: It proves we are not blaming others and accept our own guilt. Cleaning the Heart: Early church teachers like St. Jerome said we strike our chest because the heart and breast hold bad thoughts, and this act asks God to clean our inner self. Biblical Roots: it copies the humble tax collector in the Gospel of Luke who beat his chest and prayed, "God, be merciful to me a sinner".



Natural Family Planning Program

Helping married couples to deepen conjugal love and achieve responsible parenthood is part of the Church's total pastoral ministry to Catholic spouses. Fulfillment of this ministry includes both education and pastoral care. This means "instilling conviction and offering practical help to those who wish to live out their parenthood in a truly responsible way" (Familiaris consortio, 35). God designed marriage as an "intimate partnership of life and love" (see *Gaudium et spes*, no. 48).

In God's design, marriage is a unique union of one man with one woman "for the whole of life" (see Canon 1055, *The Code of Canon Law*). Marriage is oriented to the good of the spouses and to the creation and nurture of new human life (see *Gaudium et Spes*, no. 48). Making decisions therefore, about when and how many children to have in marriage is a sacred responsibility that God has entrusted to husband and wife.

This is the foundation of what the Church calls, "Responsible Parenthood," the call to discern God's will for your marriage while respecting His design for life and love. The Catholic Church promotes the methods of Natural Family Planning (NFP) because they respect God's design for married love. In fact, NFP represents the only authentic and morally good approach to family planning available to husbands and wives because these methods can be used to both attempt or avoid pregnancy. When learning about NFP, it is important to know that:

Natural Family Planning is an umbrella term for certain methods used to achieve and avoid conception. These methods are based on the observation of the naturally occurring signs and symptoms of the fertile and infertile phases of a woman's menstrual cycle. Some natural methods include use of fertility monitors to better understand the time of the wife's fertility. Married couples using NFP to postpone conception abstain from intercourse and genital contact during the fertile phase of the wife's cycle. No drugs, devices, or surgical procedures are used to avoid pregnancy. Married couples who use NFP to attempt a pregnancy, make use of the fertile window--the optimum time when conception is likely.

NFP reflects the dignity of the human person within the context of marriage and family life, promotes openness to life, and recognizes the value of the child. By respecting the love-giving and life-giving natures of marriage, NFP can enrich the bond between husband and wife. (*Standards for Diocesan Natural Family Planning Ministry*, p. 23) This section of the USCCB website provides information and resources that will help you to learn about the methods of Natural Family Planning and Catholic teaching which supports its use in marriage. Many of the resources here are tailored for diocesan NFP coordinators, teachers, and educators.

The papal encyclical, *Humanae vitae* written by Pope Paul VI in 1968, captures the truth and depth of Catholic teaching on married love and the gift of life. In 2018, the Church celebrated the fiftieth anniversary of this important encyclical. The encyclical teaches: *Humanae Vitae* is a 1968 papal encyclical by Pope Paul VI that reaffirms the Catholic Church's traditional teaching on married love and responsible parenthood, specifically prohibiting artificial contraception. The document asserts that the procreative and unitive aspects of marital intercourse are inseparable, meaning any artificial intervention to prevent conception violates natural law and God's design for human life.

While rejecting artificial methods like contraception, sterilization, and abortion, the encyclical permits natural family planning (periodic abstinence) for serious reasons, allowing couples to space or limit births by respecting the natural reproductive cycle. **It warns that widespread acceptance of artificial birth control leads to lowered moral standards, marital infidelity, and the objectification of women, while urging society to uphold the sanctity of life and the dignity of the family. Contact Information:**

Natural Family Planning Program, Secretariat for Laity, Marriage, Family Life & Youth, 3211 4th Street NE
Washington, DC 20017 Email: nfp@usccb.org Telephone: (202) 541-3240 (END)



Save the date – Sept. 13th

FORMED

Bible Study and More! Go to

stpaulyonkers.formed.org and register which gives you access to quality Catholic on line programs, movies, audios, and books. Thursday is the Feast of the Transfiguration of the Lord. Study: Lectio: Peter, session 6: *In the Shadow of the Galilean*, or Symbolon: Knowing the Faith, session 2: *Divine Revelation*, or session 5: *Who is Jesus*. Listen to: *Who Do You Say That I Am?*, *Jesus Is...*, *This Changes Everything*, or *Theology for Beginners*.

“Better that only a few Catholics should be left, staunch and sincere in their religion, than that they should, remaining many, desire as it were, to be in collusion with the Church's enemies and in conformity with the open foes of our faith.” St Peter Canisius S.J. Apostle of Germany

The Matthew Wallace Foundation hosts **Matt's Grab-n-Go** with essential items, Wednesday, August 5th, Kerry Hall, 305 McLean Avenue at 11:30am. Must be a Westchester resident with a valid US government issued ID.

Become a member of the



The Legion of Mary is the largest apostolic organization of lay people all over the world, in which Catholic men, women and youth sanctify themselves through prayer and apostolic work in union with Our Lady under the guidance of a priest. Members can be Active (must attend meetings) or Auxiliary (no meeting attendance required) – all Catholics are welcome to join. For more information, please contact Kathy Scott 347-835- 9259, Jackie Barton 914-965-9333 or attend a meeting: Tuesdays at 7:30pm in St. Paul School building



Registration for Religious Education is open. You can register through our website or pick up forms in back of Church. Forms can be dropped in the collection basket or mailed.

Join Yonkers Police on Tuesday, August 4th for **National Night Out**, 5:00 PM to 9:00 PM at Coyne Park, 777 McLean AVE. Friends & Neighbors of the Yonkers 2nd Police Precinct come and meet the men & women in law enforcement dedicated to serving our community. By all means bring the kids and don't forget your lawn chairs. It's all free!! Food, entertainment, and music!! (Yes, the Irish Dancers will be there) Please attend and bring a friend.

A message from Gianna's house - We are so grateful for St. Paul the Apostle's participation in the baby bottle drive for Gianna's House. Your parish has been most generous -- \$2,297 was raised. None of our success would be possible without the generosity of donors like the parishioners of St. Paul the Apostle. Because of these donations, our pregnancy center is able to keep supporting our clients who are abortion-vulnerable, experiencing an unexpected pregnancy, or struggling in some capacity to care for their babies. Thank you again for your commitment and support.

St. Paul the Apostle Charismatic Prayer Group – Celebrating 50 years of Faith and Fellowship, Tuesdays at 8pm in the school cafeteria. Experience an uplifting evening of prayer, fellowship, and inspiration as we grow together in our faith. We look forward to welcoming you!

Holy Father's Prayer Intention for August:

For evangelization in the city - *Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.*



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