

St. Paul the Apostle Parish



Lincoln Park

Fr. Leonard F. Villa, Pastor
Fr. Rayappa Reddy Thumma
Fr. Michael J. Morrow
Deacon Rudolph Teng
Deacon Thomas Barbagallo

Masses

Saturday 9:00 AM Sunday Vigil 5:00 PM
Sunday 7:45 AM, 9:15 AM, 10:45 AM, 12:15 PM
Latin Mass 1:30 PM, first three Sundays
2:30 PM fourth Sunday of the Month.
Weekdays 9:00 AM
Holy Days 9:00 AM, 7:30 PM

Rectory 602 McLean Ave., Yonkers, NY 10705
Tel: 914-963-7330
Fax: 914-963-1952

Religious Education Office

Jackie Barton - Coordinator of Religious
Education
602 McLean Ave., Yonkers, NY 10705
Tel: 914-965-9333

Sacrament of Baptism

Sundays at 2:45pm except the 4th Sunday of
each month by appointment

Sacrament of Reconciliation

Saturday 4:00-4:45 PM. Anytime requested.

Sacrament of Marriage

Six months advance notice is mandatory.
Marriage preparation course required.
Call rectory for appointment.

Sacrament of the Sick

Call the rectory for attention to home-bound

Parish Registration

Contact the rectory

Parish

Website: www.stpaulyonkers.org
E-mail: stpaulyonkers@gmail.com

Parish Meetings

Monday	6:45 PM St. Paul's Folk Dance
Tuesday	7:30 Legion of Mary
Tuesday	8:00 PM Prayer Group
2nd Tuesday	8:00 PM Men's Group
Wednesday	7:00 PM A.A. Open Meeting
Thursday	7:00 PM A.A. Open Meeting
Thursday	7:00 PM Al-Anon
Friday	9:30-10:30 Adoration
Friday	7:30 PM Boy Scouts
Saturday	9:30 AM Religious Educ. PreK-8
Sunday	7:00 PM A.A. Beginners Meeting

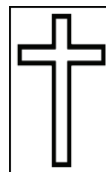
Pregnancy Hot Line

Tel: 800-640-0767



TWENTY-FIFTH SUNDAY IN ORDINARY TIME

SEPTEMBER 20, 2026



MASS Intentions

Saturday **Sept. 19, 2026**

5:00 Patrick

Sunday **Sept. 20, 2026**

7:45 Margaret & Michael Brick M/M K. O'Sullivan

9:15 For the People of the Parish

10:45 Josie & Redmond Cody Mary Beirne

12:15 Joann Mary Barthel & Mary Barthel

1:30 Laura F. Winterroth Laura Winterroth

Monday **Sept. 21, 2026**

9:00 James Moore (1st Anniversary) A friend

12:00 Marianna Principato Eileen Slattery

Tuesday **Sept. 22, 2026**

9:00 Nora & Henry Tulick Orosz family

Wednesday **Sept. 23, 2026**

9:00 Susvilla family (living-in thanksgiving)

12:00 Janos Horvath Bernard & Greta

Thursday **Sept. 24, 2026**

9:00 Virginia Markman (living)

12:00 Angelina Locorotondo

Friday **Sept. 25, 2026**

9:00 Deceased of the O'Neill & Berry Families

Saturday **Sept. 26, 2026**

9:00 Norah Tulick & Joan Cooke Orosz family

12:00 Janos Horvath Alicia Boland

5:00 Bob McHugh (Bday mem) Legion of Mary

Sunday **Sept. 27, 2026**

7:45 Eileen Lynch (1st Anniv) Kieran/Brid O'Sullivan

9:15 Ann Marie Hefeli Maureen O'Connor

10:45 For the People of the Parish

12:15 Joann Mary Barthel & Mary Barthel

2:30 L & S Mazzella



Our Sanctuary Lamp will burn this week in loving memory of Nuhad Hattar-Romano as requested by Nelson Hocker

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Richard Lyons, Grace Lyons, Joseph Molack, Timothy O'Connor, Valentina Rakaj, Pete Coppa, Rosemary Libre, Kathleen Kerrigan, Carol Saxe, Maria Toppi, Camielle Moynihan, Eileen Coughlin, Carol O'Neill, Jane Curtin, Rose Rampa, Willi Dunz, Noemi Asuncion Bernardez, DeGiovanni Family, Carol Santini, Aidan Curtin, Sallyann Ricci, Briana Aquino, Ed Catis, Thea Cronin, Carmine Carletto, Marie Chiapetta, and Rosanne Snyder.



Please remember in prayer all those who died this week especially, Victor Fierro, Robert Wentworth, Anna Aciri, Marina Sitchon Infante, and those who mourn them.

LECTORS:

Sept. 19th 5:00 D. Douglas

Sept. 20th 7:45 S. Abraham 9:15 A. Canale

10:45 A. Urgola 12:15 F. Brady

We are thankful for your consistent stewardship. ©JPPC

STEWARDSHIP: Week of September 13, 2026

1 st Collection	\$4,612
2 nd Collection	\$1,019
Shrines	\$221
On line Giving	\$2,400
Total	\$8,252

Thank you for your continued support of our Parish and its many needs. Your financial generosity for the upkeep of our Parish buildings and programs is essential and greatly appreciated. To sign up for WeShare go to stpaulyonkers.org and click "Online Giving". Thank you for your generosity!

The Act of Contrition

“...and to avoid the near occasion of sin. Amen.”

The Near/Proximate Occasion of Sin What Is It?



Actual Sin Involves Consenting to the Occasion of Sin

In Catholic moral teaching, avoiding the *proximate/near occasion of sin* is considered a grave duty. This is because it's not enough to avoid sin itself, but rather what most likely leads to it.

The *occasion of sin* can be a situation, a person, a place or a circumstance that can facilitate or induce the commission of a sin.

The difference between a *near opportunity* and a *remote opportunity* is important .

- The *proximate/near occasion* is one in which, through experience or through one's own weakness, one is very likely to fall into sin.
- The *remote opportunity* is one that involves a modest and normally surmountable risk.

Another important difference is between a *voluntary proximate/near occasion* and a *necessary proximate/near occasion*.

- A *voluntary proximate/near occasion* is one in which one freely exposes oneself without a reasonable reason. It must be avoided. Deciding to remain in it already constitutes a fault, at least when it concerns serious matters.
- A *necessary proximate/near occasion* is one that cannot be easily avoided (for example, a work environment, a family obligation, etc.). In this case, one is not obligated to abandon it, but one must take all possible measures to reduce the danger: prayer, vigilance, prudence, and, if possible, modification of the situation itself.

Some important scriptural references:

He who loves danger will perish in it (Ecclesiasticus 3:27)

Watch and pray that you will not enter into temptation (Matthew 26:41)

The Autumn Ember Days, Sept 23, 25, 26

The Four Seasons

The Ember days, which fall on a Wednesday, Friday, and Saturday of the same week, occur in conjunction with the four natural seasons of the year. Autumn brings the September Embertide, also called the Michaelmas Embertide because of their proximity to the Feast of St. Michael on September 29. Winter, on the other hand, brings the December Embertide during the third week of Advent, and spring brings the Lenten Embertide after the first Sunday of Lent. Finally, summer heralds the Whitsun Embertide, which takes place within the Octave of Pentecost.

Fasting and partial abstinence during the Ember days were also enjoined on the faithful from time immemorial until the 1960s. It is the association of fasting and penance with the Embertides that led some to think that their peculiar name has something to do with smoldering ash, or embers. But the English name is probably derived from their Latin title, the *Quatuor Tempora* or “Four Seasons.”

Apostolic and Universal

The history of the Ember days brings us to the very origins of Christianity. The Old Testament prescribes a fourfold fast as part of its ongoing consecration of the year to God (Zech. 8:19). In addition to these seasonal observances, pious Jews in Palestine at the time of Jesus fasted every Monday and Thursday—hence the Pharisee’s boast about fasting twice weekly in the parable involving him and the publican (Lk. 18:12). Early Christians amended both customs. The *Didache*, a work so old that it may actually predate some books of the New Testament, tells us that Palestinian Christians in the first century A.D. fasted every Wednesday and Friday: Wednesday because it is the day that Christ was betrayed and Friday because it is the day He was crucified. The Wednesday and Friday fast were so much a part of Christian life that in Gaelic one word for Thursday, *Didaoim*, literally means “the day between the fasts.”

In the third century, Christians in Rome began to designate some of these days for *seasonal* prayer, partly in imitation of the Hebrew custom and partly in response to pagan festivals occurring around the same time. Thus, the Ember days were born. And after the weekly fast became less prevalent, **it was the Ember days which remained as a conspicuous testimony to a custom stretching back to the Apostles themselves.**

Moreover, by modifying the two Jewish fasts, the Ember days embody Christ’s statement that He came not to abolish the Law but fulfill it (Mt. 5:17).

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Usefully Natural

This fulfillment of the Law is crucial because it teaches us something fundamental about God, His redemptive plan for us, and the nature of the universe. In the case of both the Hebrew seasonal fasts and the Christian Ember days, we are invited to consider the wonder of the natural seasons and their relation to their Creator. The four seasons, for example, can be said to intimate individually the bliss of Heaven, where there is “the beauty of spring, the brightness of summer, the plenty of autumn, the rest of winter.”

This is significant, for the Ember days are the only time in the Church calendar where nature *qua* nature is singled out and acknowledged. Certainly the liturgical year as a whole presupposes nature’s annual rhythm (Easter coincides with the vernal equinox, Christmas with the winter solstice, etc.), yet here we celebrate not the natural phenomena *per se* but the supernatural mysteries which they evoke. The Rogation days commemorate nature, but mostly in light of its agricultural significance (that is, *vis-à-vis* its cultivation by man), not on its own terms, so to speak.

The Ember days, then, stand out as the only days in the supernatural seasons of the Church that commemorate the natural seasons of the earth. This is appropriate, for since the liturgical year annually renews our initiation into the mystery of redemption, it should have some special mention of the very thing which grace perfects.

Uniquely Roman

But what about Saturday? The Roman appropriation of the weekly fast involved adding Saturday as an extension of the Friday fast. And during Embertide, a special Mass and procession to St. Peter’s was held, with the congregation being invited to “keep vigil with Peter.” Saturday is an appropriate day not only for a vigil, but as a day of penance, when our Lord “lay in the sepulchre, and the Apostles were sore of heart and in great sorrow.” It is this Roman custom, incidentally, which gave rise to the proverb, “When in Rome, do as the Romans do.” According to the story, when Sts. Augustine and Monica asked St. Ambrose of Milan whether they should follow the weekly fasts of either Rome or of Milan (which did not include Saturdays), Ambrose replied: “When I am here, I do not fast on Saturday; when I am in Rome, I do.”

We can voluntarily fast on Wednesday, Friday, and Saturday of this week to consecrate Autumn to the Lord abstaining from meat on Friday. The traditional Latin Mass has Mass texts ancient in origin dedicated to the Ember Days. (END)

MASS Intentions

The Mass book for 2027 is open. You may submit your requests through our email at stpaulyonkers@gmail.com or call the rectory before 12noon. Please limit your requests to four weekend masses at this time.

Presenting oneself to receive Holy Communion should happen only after an examination of conscience according to the Church's objective criteria, asking such questions as: **Am I guilty of mortal sin? Have I prepared myself by fasting for at least an hour?** The practice of indiscriminately presenting oneself to receive Holy Communion, merely because of being at Mass, is an abuse that must be corrected. Receiving Communion in mortal sin is a sacrilege.

FORMED

Bible Study and More! Go to stpaulyonkers.formed.org and register which gives you access to quality Catholic on line programs, movies, audios, and books. Monday is the Feast of St. Matthew, Apostle and Evangelist. Watch: *Saint Matthew the Apostle/Catholic Saints* or *Proclaiming the Kingdom: The Gospel of Matthew*. Wednesday is the Memorial of St. Pius of Pietrelcina (Padre Pio), Priest. Watch *Padre Pio: Miracle Man* or *Padre Pio: Between Heaven & Earth* or *Saint Pio of Pietrelcina/Catholic Saints*. Listen to: *The Life of Padre Pio*. For children, Watch *Lukas Storyteller: Padre Pio*.



Registration for Religious Education is open. You can register through our website or pick up forms in back of Church. Forms can be dropped in the collection basket or mailed.

Join us for a New Weekly Bible Study – The Bible Timeline: The Story of Salvation, Sept. 23rd & 24th. Come deepen your understanding of Scripture, grow in faith, and enjoy fellowship with others in our parish community. Every Wed. at 7-9pm or Thurs. at 10-11:30am (same presentation) moderated by Fr. Morrow. Questions 914-965-9333

St. Paul the Apostle Charismatic Prayer Group – Celebrating 50 years of Faith and Fellowship, Tuesdays at 8pm in the school cafeteria. Experience an uplifting evening of prayer, fellowship, and inspiration as we grow together in our faith. We look forward to welcoming you!

Our Knights of Columbus council is running their annual C&B raffle with prizes ranging from \$500 to \$1000. Drawing to be held 12/5/26 Villa Roma Resort, Callicoon, NY. Winner need not be present. Raffle books are \$10 with 2 chances to win. The Knights will be at all Masses the weekend of September 26th & 27th with raffles to purchase.

Thinking of Volunteering? St. Vincent's Hospital in Harrison, a Catholic behavioral health hospital, is seeking volunteers who would like to share their time and talents. Whether you can give a few hours each week or month, your service can make a difference in the lives of many. Several different opportunities are available, and your time is greatly appreciated: Gift Shop, Eucharistic Ministers, Yoga Therapy, Music Therapy, Pet Therapy, Clerical office work. Please visit www.stvincentswestchester.org to download an application. Any questions, please call our Volunteer Office at (914) 925-5401 or email stvdevelopment@svwsjmc.org.

The Matthew Wallace Foundation hosts Matt's Grab-n-Go with essential items, Wednesday, October 7th, Kerry Hall, 305 McLean Avenue at 11:30am. Must be a Westchester resident with a valid US government issued ID.

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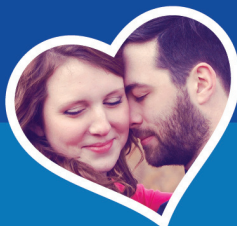
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